

EF

Contact

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713-876-8325

Houston, Texas

Instagram

www.instagram.com/ejfrank2023

Youtube

www.youtube.com/@ElijahFranklin_hurdles

Education

Westside High School

Houston, Texas

Projected Grad: June 2025

Skills

Photoshop

Highly Coachable

Illustrator

Premiere Pro

Adobe Animate

Agility

Speed

Hobbies

Graphic Design

Drawing

Painting

Filmmaking

Elijah Franklin

Track and Field

2023-present

Pearland Track Xpress **400m hurdles/ 110m hurdles/400m**

- 2024 110m hurdles AAU Gulf JO District Qualifier (15.12)**PR**
- 2024 110m hurdles AAU Junior Olympics (15.23)
- 2024 400m hurdles AAU Gulf JO District Qualifier (57.46)
- 2024 110m hurdles AAU JO Region 17 Qual. (15.95)
- 2024 400m hurdles AAU JO Region 17 Nat. Qual. (57.07)**PR**
- 2024 400m hurdles AAU Junior Olympics (59.55)
- 2024 400m AAU Mainland Jaguars Meet (55.71)
- 2023 110m AAU Gulf JO District Qualifier (16.23)
- 2023 400m hurdles AAU Gulf District Qualifier (59.51)

2022- Present

Westside High School- **Varsity- 110m hurdles/ 300m hurdles/ 200m**

- 2024 110m hurdles UIL 6A District 18 (15.68)
- 2024 300m hurdles UIL 6A District 18 (40.55)
- 2024 110m hurdles UIL 6A Area Meet (15.21)
- 2024 300m hurdles UIL 6A Area Meet (39.88)
- 2024 300m hurdles UIL Region 3 (39.87)**PR**
- 2024 200m Houston Relays (23.78)

2023 – Present

- Improved 110m hurdle time by 5.4 seconds from freshman year to junior year.
- Improved 300m hurdle time by 7.95 seconds from freshman year to junior year.
- Improved 400m hurdle time by 3.22 seconds from Sophomore year to Junior year.