

MAINLAND JAGUARS TRACK CLUB

Barnett Stadium

6800 Fairway Drive

Houston, Texas 77087

May 7, 2016

Meet Director: Floyd Thompson

Contact Cheryl Benefield - (713) 240-2411

Registration: 7:15 a.m.

Coaches Meeting: 8:15 a.m.

| | | | |
|---------------------------|-----------------|-----------|----------|
| Athletes: \$6.00 | 8 and Under | 2008+ | 3 Events |
| Spectators: \$6.00 | 9-10 year olds | 2006-2007 | 3 Events |
| 5 yrs and under: FREE | 11-12 year olds | 2004-2005 | 3 Events |
| Coaches FREE with cleared | 13-14 | 2002-2003 | 4 Events |
| USATF background check | 15-16 | 2000-2001 | 4 Events |
| | 17-18 | 1998-1999 | 4 Events |

MEDALS to all 1st Place Winners & Ribbons to 2nd - 6th place (all by time, distance or height). All 8 and Under participants will receive ribbons. Order of events will run from youngest to oldest per division. Field Events – 3 attempts only

SCHEDULE OF EVENTS (8:30)

| | |
|---------------------------|--------------------------|
| 3000 Meet Run | 11-12 year old & Up |
| 80 Meter Hurdles | 11-12 year old |
| 100 Meter Hurdles | 13-14 boys/girls, |
| | 15-16 girls, 17-18 girls |
| 110 Meter Hurdles | 15-16 boys, 17-18 boys |
| 50 Meter Dash | 5 and under |
| 100 Meter Dash | 11-12 year old & Up |
| 800 Meter Run | 8 and Under & 9-10 |
| 4 x 100 Meter Relay | All |
| 400 Meter Dash | 11-12 year old & Up |
| 1500/3000 Meter Race Walk | 9-10 year old & Up |
| 200 Meter Dash | 8 and under, 9-10 |
| 1500 Meter Run | 11-12 year old & Up |
| 4 x 400 Meter Relay | All |

FIELD EVENTS (8:30)

| | |
|---------------|--------------------------|
| Long Jump | All |
| Shot Put | All |
| Discus | 11-12 year old & Up |
| Turbo Javelin | 8 and under, 9-10, 11-12 |
| Javelin | 13-14 year old & Up |
| High Jump | 9-10 year old & Up |
| Triple Jump | 13-14 year old & Up |
| Pole Vault | 13-14 & Up |

PLEASE PICK UP ALL TRASH BEFORE LEAVING YOUR AREA
TENTS ONLY ALLOWED ON 2ND LEVEL